



Penn Presbyterian Medical Center features a new minimally invasive operating room equipped with state-of-the-art technology and flat screen monitors.

A team of highly trained operating room nurses and technicians work with Dr. Sonya Lee during every hysterectomy she performs at Penn Presbyterian. They share Dr. Lee's dedication to surgical excellence and her passion for patient care.

To ensure your comfort, improve your rest, and support healing, Penn Presbyterian offers you a private room during your stay.

Most patients require only a 1-day hospital stay. Most women feel better after one week and fully recover after three weeks.

For information about what to expect before and after a minimally invasive hysterectomy, visit ...

[www.philadelphiagn/pre-op](http://www.philadelphiagn/pre-op)  
[www.philadelphiagn/post-op](http://www.philadelphiagn/post-op)



### Sonya Lee, MD, FACOG

Dr. Sonya Lee is Chief of Gynecology at Penn Presbyterian Medical Center, an Assistant Clinical Professor at the University of Pennsylvania School of Medicine, a board certified gynecologist, and a widely respected surgeon. She was named a Top Doctor by U.S. News & World Report in 2012.

Dr. Lee has more than a decade of experience with laparoscopic procedures. She performs hundreds of minimally invasive hysterectomies each year at Penn Presbyterian Medical Center.



## Minimally Invasive Hysterectomy at Penn Presbyterian



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[www.philadelphiagn.com](http://www.philadelphiagn.com)



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### Choices for Hysterectomy Care

We recommend transvaginal hysterectomy or laparoscopically assisted vaginal hysterectomy to most women who need surgery.

We use these minimally invasive approaches because they offer ...

- Better results
- Fewer complications
- Shorter hospital stays
- Smaller incisions
- Less pain
- Quicker recovery times

... compared to open abdominal hysterectomy. 95% of our hysterectomies at Penn Presbyterian are performed using minimally invasive techniques.

### Evidence for Minimally Invasive Hysterectomy

The American Association of Gynecologic Laparoscopists (AAGL) recommends minimally invasive hysterectomy to treat benign diseases of the uterus.

The AAGL also found minimally invasive hysterectomy was a good choice for women who have had a cesarian section or who might be overweight.

### About Transvaginal Hysterectomy

Many women are good candidates for transvaginal hysterectomy (or TVH), including women who need surgery because of fibroids, mild to moderate endometriosis, abnormal bleeding, and other causes.

During a TVH, we use long instruments and a small incision to remove your uterus through your vagina.

### About Laparoscopically Assisted Vaginal Hysterectomy

Women with large fibroids, severe endometriosis or scar tissue can be candidates for laparoscopically assisted vaginal hysterectomy (or LAVH).

During LAVH, we perform most of the procedure with long, thin instruments we insert through several small incisions in your abdomen.

We then remove your uterus through your vagina similar to the way we do for transvaginal surgery.

### Experience of the Surgeon Matters

The AAGL and other studies show that the experience of the surgeon has a significant impact on the success of a minimally invasive hysterectomy.

Dr. Sonya Lee performs hundreds of these procedures a year at Penn Presbyterian Hospital.

Call 215-662-9775 to set up a consultation with Dr. Lee and see if minimally invasive hysterectomy is right for you.